



On Deck with The Darsch – DiNapoli Team

From our family to yours.....

On behalf of Jake, Jessica, and Sue Ann, we would like to extend our best wishes to you and your families for a peaceful, joyous and grateful holiday season. As we wrap up 2020, please know as we celebrate with our families, we are always here for you so please reach out and let us know if you should need anything from our team. Contact Sue Ann, Practice Manager, at 401.243.8872 /email her at sueann.votta@barnumfg.com.

2020 Holiday Season.....

In light of a very different holiday season, please take care of yourselves and your families with some helpful tips from the Red Cross.

- Understand what causes stress and recognize your own feelings.
- Be patient with yourself and those close to you – it takes time to manage feelings.
- Learn how to manage your reactions to these experiences.
- Focus on the things you have control over.
- Holiday Traditions/Hobbies. Discover a new pastime or take part in an activity that you enjoy.
- Physical activity. It has countless benefits for your health and wellbeing that go beyond better stress management.
- Eat healthy foods, get sleep and exercise if possible.
- Accept support and assistance.
- Allow yourself to feel sad and grieve
- Keep communications open with your loved ones

Reach out to www.redcross.org for more information and support.

Awareness Months and Options to consider.....

Long Term Care Planning*

The cost of Long-Term care can be high but putting a plan in place earlier in life may help you ensure that you will receive the quality of care you want, in the event you need it. The need for Long-Term Care is more common than most people may think and can stem from disability, chronic illness, or cognitive impairment. Check out Barnum Financial Group on Linked In for a series of videos with real stories about Long Term Care and how it effects lives when an unexpected event happens.

Identity Theft/Prevention – It’s Not Going Away! Defend, Detect and Defend*

Per Prudential Privacy Protection Strategies, Consumers must be prepared.

Deter identity thieves by safeguarding your personal information.

Detect suspicious activity by routinely monitoring your financial accounts and billing statements. Shred documents just don’t throw them away.

Defend against identity theft as soon as you suspect a problem – don’t wait – being proactive is key.

Please visit our team website for further information

www.BarnumJJ.com

OR

Call Sue Ann to book an appointment today!

401.243.8872

Financial Literacy Virtual Webinars

The Darsch-DiNapoli team wants to stay in touch so we continue to provide virtual workshops for all clients on various financial literacy topics. Our goal in conducting these webinars is to provide you with knowledge you need to make informed financial decisions in the comfort of your own home.

For more information and to register for any of the above workshops, please visit our website link:
<http://www.BarnumJJ.com/events>

New clients welcome!

We hope you've enjoyed our newsletter! If you know anyone who could benefit from our services, please don't keep us a secret. We are currently accepting new clients! Visit the team's new website for further information at www.BarnumJJ.com

Focus On

Long Term Care Planning and Identity
Theft/Protection Months



In recognition of the upcoming Awareness Months, we wanted to remind clients that our team hosts many financial literacy webinars. Visit our team website at www.BarnumJJ.com/events to register today!

Meet the Team

Peter (Jake) Darsch, CLTC, RICP®

Financial Planner | Financial Services Executive | Special Care Planner | Financial Advisor

Jessica D. DiNapoli

Financial Services Representative | Registered Representative

Sue Ann Votta

Practice Manager | Marketing Manager

Let's stay stress free.....



Keep the holidays "Stress Free"

Make decisions early, ask for help, less is more, know your limits, and embrace your own traditions and celebrations.

